

Implementing Harvest of the Month in Stanislaus County Head Start Centers



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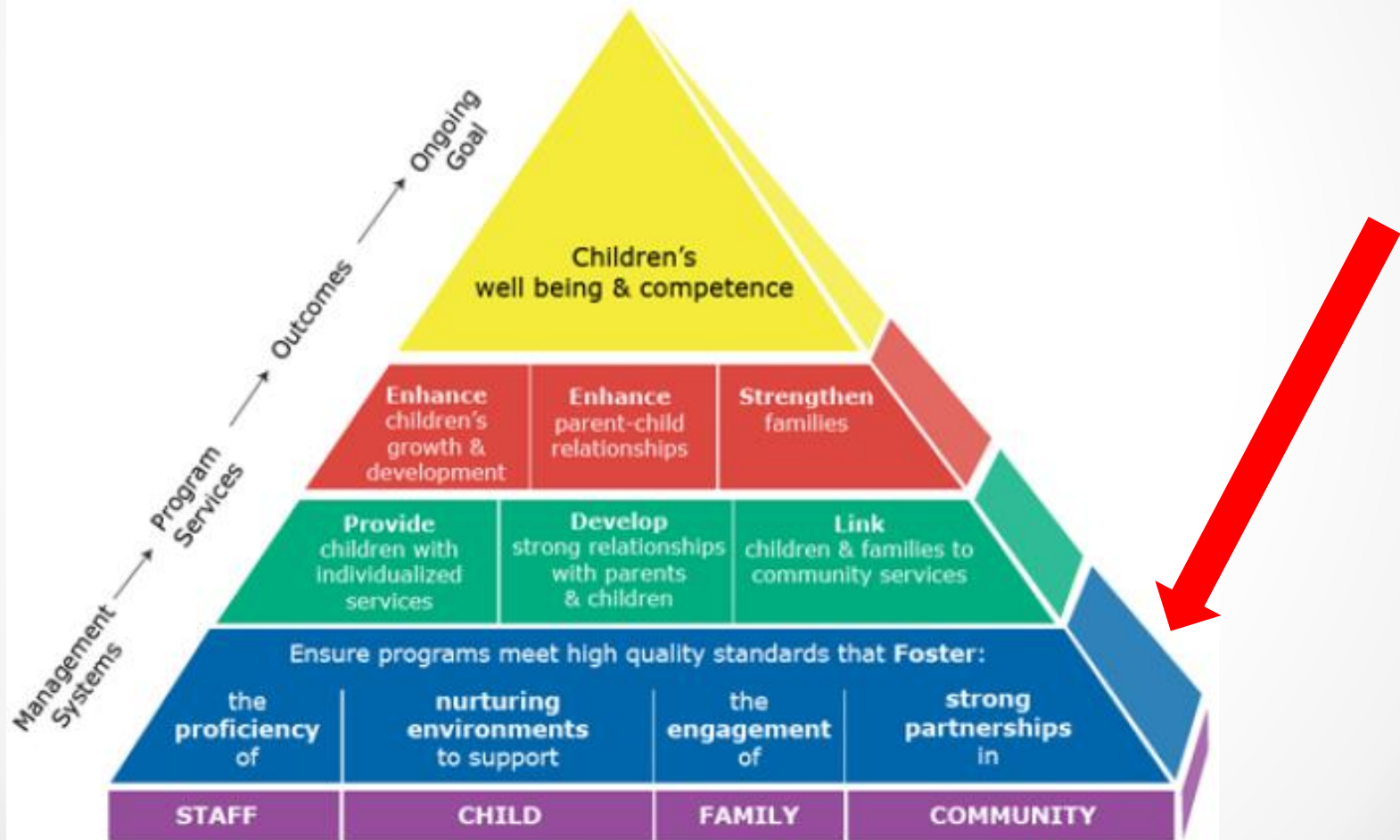
Who is Head Start?

- Preschool Program for low-income families to support school readiness.

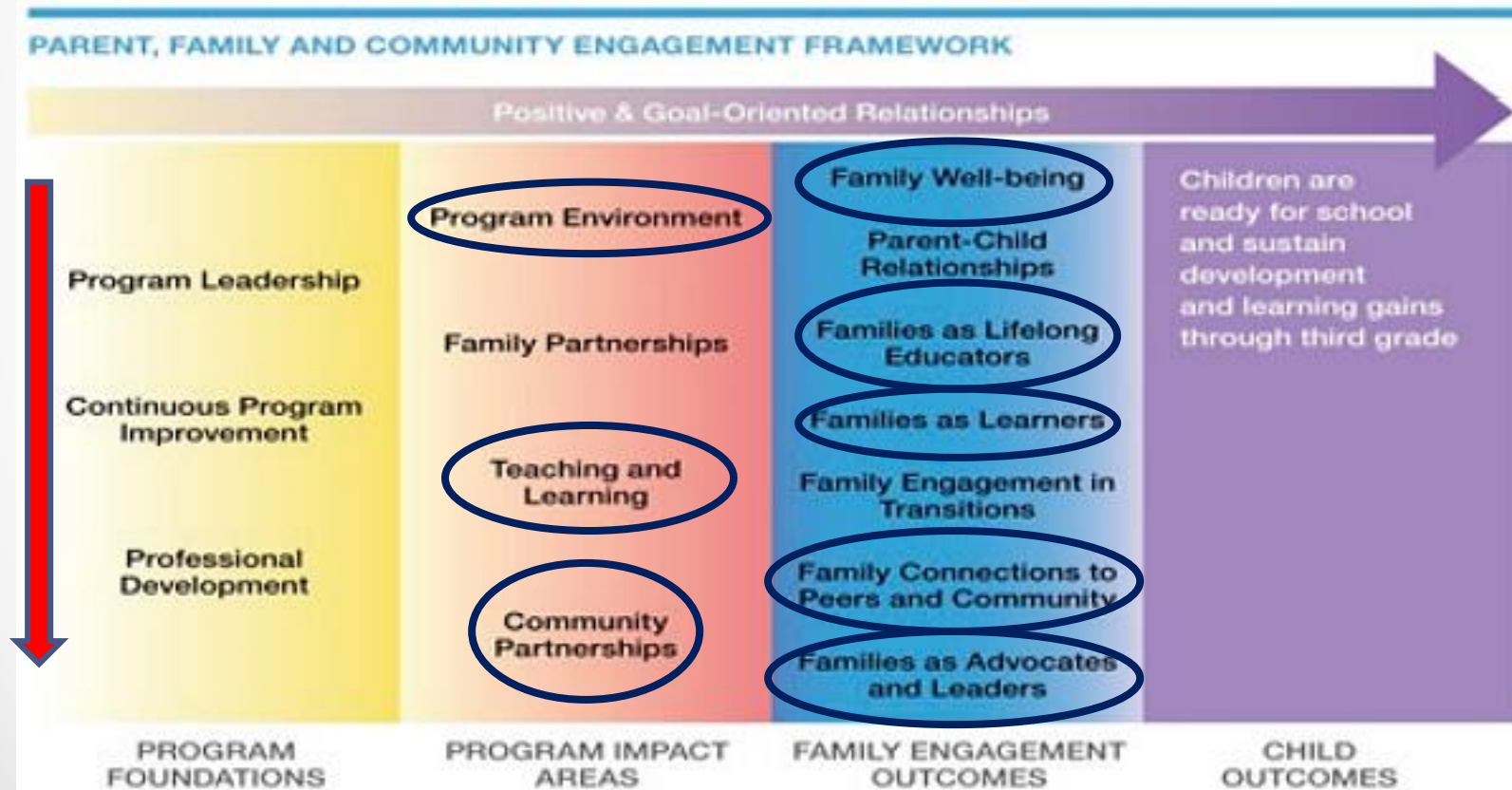
“Head Start views school readiness as children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning in life.” –Office of Head Start



Head Start Framework



Head Start- Parent, Family and Community Engagement Framework



Why Head Start?

- High expectations for community engagement
- Easily incorporated into preschool curriculum
- Broad Reach- teachers, parents and staff
- Impressionable audience



Points of Contact

- Head Start Director (Office of Education)
 - Identify champion districts
- Head Start Policy Council
- Health & Disabilities Advisory Committee

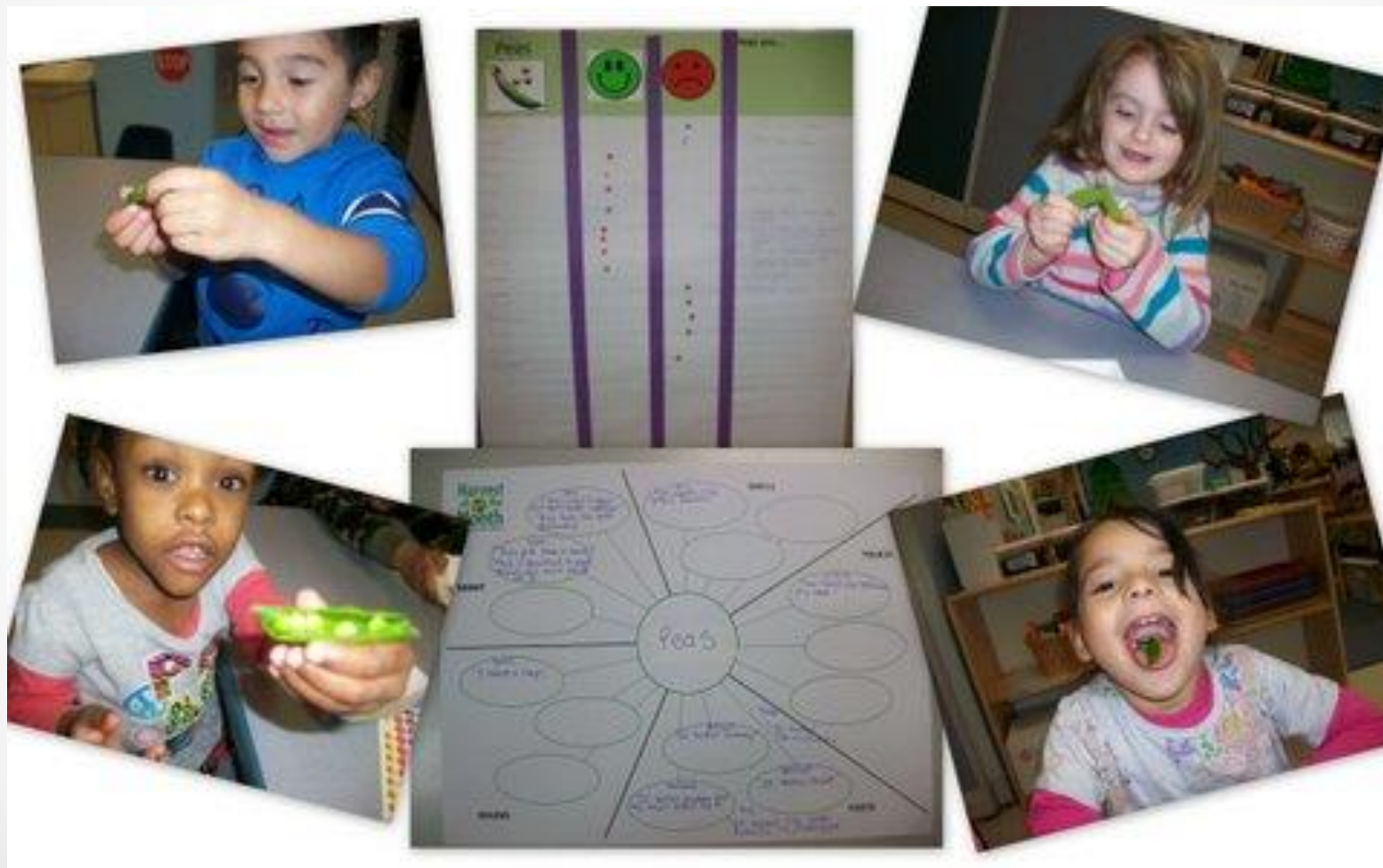


Top 3 Tips & Tricks

- Start from the top- get administrative support
- Start small- pilot HOTM to use a feasible example
- Become a community partner



Empire Union Head Start Pilot



Head Start PSE

- 2013-2014
 - Nutrition Education incorporated into curriculum
 - Snack Menus
 - Increase variety in produce served
 - Reinforce HOTM messaging
- 2014-2015
 - Farm to Preschool- Procurement of local produce
 - Classroom Gardens
 - Wellness Policy Specific to the District

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For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips.